

SALADS & SANDWICHES

Lettuce, Tomato, Cucumber, Carrot, Beetroot, Cheese

Large Salad Tub \$4.00

Small Salad Tub \$3.00

Salad Sandwich \$4.00

Large Salad Wrap \$4.00

Small Salad Wrap \$3.00

Add Avocado \$1.00

Add Protein: Chicken or Ham \$2.00

Add Chicken Strips each \$2.00

Large wrap - 2 x strip Small wrap - 1 x strip

Mayo, French, Balsamic Glaze, Sweet Chilli, BBQ, Tomato

Simple Strip Wrap \$3.00

w lettuce, cheese, mayo/sauce



COOL TREATS & DRINKS

Frozen Yoghurt \$3.00

Mango, Strawberry, Watermelon/Mango, Chocolate/Vanilla, Strawberry/Vanilla

Zooper Dooper voucher \$0.70

Preps to Year 2 - 1ST Break ONLY

Year 3 - Year 6 - 2ND Break ONLY

Birthday Bucket \$20.00

Zooper Dooper for each classmate in your child's class

350ml Water \$2.00

350ml Juice \$3.50

Apple, Apple Blackcurrant, Orange, Pineapple

250ml Popper \$2.50

Apple, Apple Blackcurrant, Orange, Tropical

200ml Milk \$2.50

Plain, Strawberry, Chocolate



SIMPLE SANDWICH

Vegemite or Jam or Honey \$2.00

Cheese \$3.00

Ham or Chicken \$4.00

TOASTED SANDWICH

Cheese \$3.50

Ham \$4.50

Cheese + Tomato \$4.50

Ham/Chicken/Salami + Cheese \$5.00

Ham/Chicken/Salami + Cheese + Tomato \$5.50

Chicken + Avo \$5.50

SNACKS

Homemade Treat - various \$1.00

Apple Slinky: green or red \$1.00

Popcorn (GF) \$2.00

Salami Stick (GF) \$1.50

Cheese Stick \$1.50

Grazing Tub (GF) full \$6.00 half \$3.00

rice crackers, salami, cheese, carrot, cucumber, dip

LUNCHBOX SPECIAL

Includes the below for \$7.50

Indicate choices from menu

1 simple sandwich

1 popper or milk

Apple or orange segments

3 choc chip cookies



HOT FOOD

Chicken Nugget \$0.50

Chicken Strip - plain, sweet chilli, salt vinegar \$2.00

Party Pie \$2.00

Pizza - cheese, bacon, ham pineapple \$3.50

Mac & Cheese \$4.50

Lasagne \$4.50

Sauce - tomato, bbq, sweet chilli \$0.50

DAILY SPECIALS

MONDAY ONLY

Chicken & Gravy Roll \$5.00

WEDNESDAY ONLY

Beef Ravioli full \$6.00 half \$3.00

Garlic Bread \$1.00

FRIDAY ONLY - MOURILYAN BAKERY

Meat Pie \$5.50

Sausage Roll or Mini Pastie \$3.50

Cream Bun or Finger Bun \$3.00

GOOD COUNSEL PRIMARY 2026 TUCKSHOP MENU



Order online with Flexischools

We have partnered with Flexischools to allow parents, carers and students a more convenient way to order and pay for tuckshop online. Parents simply download the Flexischools app from the [Apple](#) or [Google](#) stores and follow the prompts to create an account.

Once setup, click "Order Food" to see what is available, place your order and pay. First break and Second break need to be two separate orders. Orders can be placed at any time, up until our specified cut-off time **MONDAY** and **WEDNESDAY 8.00am** same day and **FRIDAY 9.30am** the Thursday before.

Late orders substituted with your choice of \$3.00 simple sandwich

HOW TO REGISTER



WITH flexischools

- 1 Download the Flexischools app and select "[Register](#)".
- 2 Type in your email and submit to create an account.
- 3 Go to your inbox and click the link to verify your email (remember to check your junk).
- 4 Follow the registration process, creating a password and adding your personal details.
- 5 Add your student under "[Profile](#)" and start ordering online!



Download Flexischools app

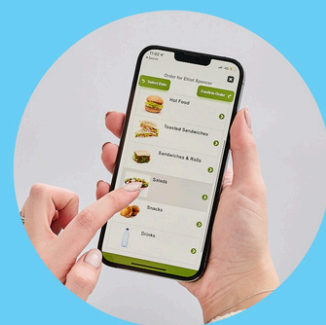
HOW TO PLACE AN ORDER

WITH flexischools



- 1 Click "[Order food](#)" at the top of the home page on your app.
- 2 Select the child you want to order for, then the date you wish to receive your order on.
- 3 Choose the food items you wish to purchase, then select "[Confirm Order](#)".
- 4 Choose your desired payment option.
- 5 Press "[Place Order](#)" to confirm your purchase.

ENJOY!



Download Flexischools app

HELPERS NEEDED MONDAY, WEDNESDAY & FRIDAY

Please contact Julie for more details

📞 0740630611

Keep up to date by joining the **GCPS Tuckshop**,
Uniform Shop and **P&F Updates** facebook page

