



## SALADS & SANDWICHES

Lettuce, Tomato, Cucumber, Carrot, Beetroot, Cheese

Large Salad Tub

\$4.00

Small Salad Tub

\$3.00

Salad Sandwich

\$4.00

Large Salad Wrap

\$4.00

Small Salad Wrap

\$3.00

Add Avocado

\$1.00

Add Protein: Chicken or Ham

\$2.00

Add Chicken Strips

each \$2.00

Large wrap - 2 x strip   Small wrap - 1 x strip

Mayo, French, Balsamic Glaze, Sweet Chilli, BBQ, Tomato

Simple Strip Wrap

\$3.00

w lettuce, cheese, mayo/sauce



## COOL TREATS & DRINKS

Frozen Yoghurt

\$3.00

Mango, Strawberry, Watermelon/Mango, Chocolate/Vanilla, Strawberry/Vanilla

Zooper Dooper voucher

\$0.70

Preps to Year 2 - 1ST Break ONLY

Year 3 - Year 6 - 2ND Break ONLY

Birthday Bucket

\$20.00

Zooper Dooper for each classmate in your child's class

350ml Water

\$2.00

350ml Juice

\$3.50

Apple, Apple Blackcurrant, Orange, Pineapple

250ml Popper

\$2.50

Apple, Apple Blackcurrant, Orange, Tropical

200ml Milk

\$2.50

Plain, Strawberry, Chocolate



## SIMPLE SANDWICH

Vegetable or Jam or Honey

\$2.00

Cheese

\$3.00

Ham or Chicken

\$4.00

## TOASTED SANDWICH

Cheese

\$3.50

Ham

\$4.50

Cheese + Tomato

\$4.50

Ham/Chicken/Salami + Cheese

\$5.00

Ham/Chicken/Salami + Cheese + Tomato

\$5.50

Chicken + Avo

\$5.50

## SNACKS

Homemade Treat - various

\$1.00

Apple Slinky: green or red

\$1.00

Popcorn (GF)

\$2.00

Salami Stick (GF)

\$1.50

Cheese Stick

\$1.50

Grazing Tub (GF)   full \$6.00 half \$3.00

rice crackers, salami, cheese, carrot, cucumber, dip



## LUNCHBOX SPECIAL

Includes the below for \$7.50

Indicate choices from menu

1 simple sandwich

1 popper or milk

Apple or orange segments

3 choc chip cookies

## HOT FOOD

Chicken Nugget

\$0.50

Chicken Strip - plain, sweet chilli, salt vinegar

\$2.00

Party Pie

\$2.00

Pizza - cheese, bacon, ham, pineapple

\$3.50

Mac & Cheese

\$4.50

Lasagne

\$4.50

Sauce - tomato, bbq, sweet chilli

\$0.50

## DAILY SPECIALS

### MONDAY ONLY

Chicken & Gravy Roll

\$5.00

### WEDNESDAY ONLY

Beef Ravioli

full \$6.00 half \$3.00

Garlic Bread

\$1.00

### FRIDAY ONLY - MOURILYAN BAKERY

Meat Pie

\$5.50

Sausage Roll or Mini Pastie

\$3.50

Cream Bun or Finger Bun

\$3.00

# GOOD COUNSEL PRIMARY 2026 TUCKSHOP MENU

# Order online with Flexischools



We have partnered with Flexischools to allow parents, carers and students a more convenient way to order and pay for tuckshop online. Parents simply download the Flexischools app from the Apple or Googles stores and follow the prompts to create an account.

Once setup, click “Order Food” to see what is available, place your order and pay. First break and Second break need to be two separate orders. Orders can be placed at any time, up until our specified cut-off time **MONDAY and WEDNESDAY 8.00am** same day and **FRIDAY 9.30am** the Thursday before.

Late orders substituted with your choice of \$3.00 simple sandwich

## HOW TO REGISTER WITH



- 1 Download the Flexischools app and select “Register”.
- 2 Type in your email and submit to create an account.
- 3 Go to your inbox and click the link to verify your email (remember to check your junk).
- 4 Follow the registration process, creating a password and adding your personal details.
- 5 Add your student under “Profile” and start ordering online!



[Download Flexischools app](#)

## HOW TO PLACE AN ORDER WITH



- 1 Click “Order food” at the top of the home page on your app.
- 2 Select the child you want to order for, then the date you wish to receive your order on.
- 3 Choose the food items you wish to purchase, then select “Confirm Order”.
- 4 Choose your desired payment option.
- 5 Press “Place Order” to confirm your purchase.

**ENJOY!**



[Download Flexischools app](#)



## HELPERS NEEDED MONDAY, WEDNESDAY & FRIDAY

Please contact Julie for more details

 **0740630611**

Keep up to date by joining the **GCPS Tuckshop, Uniform Shop and P&F Updates** facebook page

