



SALADS

Lettuce, Tomato, Cucumber, Carrot, Beetroot, Cheese

Large Tub	\$5.00
Small Tub	\$3.00
Sandwich	\$5.00
Large Wrap	\$5.00
Small Wrap.	\$3.00

Add Protein: Chicken or Ham	\$3.00
Add Chicken Strips	each \$2.00
Add Avocado	\$1.00

Mayo, French, Balsamic Glaze, Sweet Chilli, BBQ, Tomato

Simple Strip Wrap w lettuce, cheese, mayo/sauce.	\$4.00
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COOL TREATS & DRINKS

Frozen Yoghurt	\$3.00
<i>Mango, Strawberry, Watermelon/Mango, Chocolate/Vanilla, Strawberry/Vanilla</i>	

Zooper Dooper voucher	\$1.00
<i>Preps to Year 2 - 1ST Break ONLY Year 3 - Year 6 - 2ND Break ONLY</i>	

350ml Water	\$2.00
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350ml Juice	\$3.50
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250ml Popper	\$2.50
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200ml Milk	\$2.50
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	<i>Apple, Apple Blackcurrant, Orange, Pineapple Apple, Apple Blackcurrant, Orange, Tropical Plain, Strawberry, Chocolate</i>
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SIMPLE SANDWICH

Vegemite or Jam or Honey	\$3.00
Cheese	\$3.50
Ham or Chicken	\$4.00

TOASTED SANDWICH

Cheese	\$4.00
Ham	\$4.50
Cheese + Tomato	\$4.50
Ham/Chicken/Salami + Cheese	\$5.00
Ham/Chicken/Salami + Cheese + Tomato	\$5.50

Pizza: Salami + Cheese + Pizza Sauce	\$5.50
Tyson: Chicken + Cheese + BBQ Sauce	\$5.50
Nettie: Salami + Cheese + Black Olives	\$6.00
Quinn: Chicken + Cheese + BBQ Sauce + Avo	\$6.50

SNACKS

Homemade Treat - various	\$1.00
Apple Slinky: green or red	\$2.00
Popcorn (GF)	\$2.00
Salami Stick (GF)	\$1.50
Cheese Stick	\$1.50
Grazing Tub (GF)	full \$6.00 half \$4.00
<i>rice crackers, salami, cheese, carrot, cucumber dip</i>	



LUNCHBOXES

Includes the below for \$9.00
Indicate choices from menu

- 1 simple sandwich
- 1 popper or milk
- Apple or orange segments
- 3 choc chip cookies

HOT FOOD

ChickenNugget	\$0.50
Chicken Strip - plain, sweet chilli, salt vinegar	\$2.00
Party Pie	\$2.00
Pizza - cheese, bacon, ham pineapple	\$3.50
Mac & Cheese	\$4.50
Lasagne	\$4.50
Sauce - tomato, bbq, sweet chilli	\$0.50

DAILY SPECIALS

MONDAY ONLY

Taco Bowl (GF)	full \$7.50 half \$5.00
<i>mince, cheese, corn chips, salsa, sour cream</i>	
Add Avocado	\$1.00

WEDNESDAY ONLY

Beef Ravioli	full \$7.50 half \$5.00
Garlic Bread	\$1.00

FRIDAY ONLY - MOURILYAN BAKERY

Meat Pie	\$5.50
Sausage Roll or Mini Pastie	\$3.50
Cream Bun or Finger Bun	\$3.00



GOOD COUNSEL PRIMARY
2025 TUCKSHOP MENU



Order online with Flexischools

We have partnered with Flexischools to allow parents, carers and students a more convenient way to order and pay for tuckshop online. Parents simply download the Flexischools app from the [Apple](#) or [Google](#) stores and follow the prompts to create an account.

Once setup, click "Order Food" to see what is available, place your order and pay. First break and Second break need to be two separate orders. Orders can be placed at any time, up until our specified cut-off time **MONDAY** and **WEDNESDAY 8.00am** same day and **FRIDAY 9.30am** the Thursday before.

Late orders substituted with your choice of \$3.00 simple sandwich

HOW TO REGISTER



WITH flexischools

- 1 Download the Flexischools app and select "[Register](#)".
- 2 Type in your email and submit to create an account.
- 3 Go to your inbox and click the link to verify your email (remember to check your junk).
- 4 Follow the registration process, creating a password and adding your personal details.
- 5 Add your student under "[Profile](#)" and start ordering online!



Download Flexischools app

HOW TO PLACE AN ORDER

WITH flexischools



- 1 Click "[Order food](#)" at the top of the home page on your app.
- 2 Select the child you want to order for, then the date you wish to receive your order on.
- 3 Choose the food items you wish to purchase, then select "[Confirm Order](#)".
- 4 Choose your desired payment option.
- 5 Press "[Place Order](#)" to confirm your purchase.

ENJOY!



Download Flexischools app

HELPERS NEEDED MONDAY, WEDNESDAY & FRIDAY

Please contact Julie for more details

📞 0740630611

Keep up to date by joining the **GCPS Tuckshop**,
Uniform Shop and **P&F Updates** facebook page

