

TUCKSHOP



WED 20 MAR — TANIA. ANNA. KELLIE FRI 22 MAR — TANIA, HEATHER, LURL, 2 HELPERS NEEDED MON 25 MAR — TANIA, ANNA, 1 HELPER NEEDED

PLEASE CHECK OUR CURRENT MENU AS THE PRICES OF SOME ITEMS HAVE CHANGED; INCLUDING FROZIES/ZOOPER DOOPERS-NOW 70C.

FLEXISCHOOL ORDERING CLOSING TIMES

WEDNESDAY - CLOSES AT 8:00AM FOR THE SAME DAY

THURSDAY-9:30AM FOR FRIDAY INCLUDES ALL BROWN BAGS FOR FRIDAY

* LATE ORDERS WILL SUBSTITUTED AS PER MENU*

MONDAY-8:00AM FOR THE SAME DAY

TUCKSHOP TUBS ARE NO LONGER KEPT OUTSIDE THE CLASSROOMS. ALL BROWN BAGS WITH CASH TO THE TUCKSHOP BY FIRST BELL.



UNIFORM SHOP 2024 OPENING HOURS MON, WED, FRI 8:00-8:30am OR 11:00am-12:30pm

LEARN NEW SKILLS & TECHNIQUES

JAMIE GOSLING FOOTBALL ACADEMY

TEAM & INDIVIDUAL COMPETITIONS BOYS & GIRLS 5-16 WELCOME

9AM - 12PM EVERY TUES, WED, & THURS OF SCHOOL HOLIDAYS HOLLOWAYS BEACH SPORTING COMPLEX

> PRICING JGFA MEMBERS: \$35/ DAY, \$85 FOR 3 DAYS

NON MEMBERS: \$40/ DAY. \$100 FOR 3 DAYS

CONTACT JAMIE: 0450 181 626

REMINDER TERM FEES

Term 1 fees are now overdue. Please check your emails and spam/junk folder and if not received, contact Admin.

BPAY	Biller Code: Ref:
Telephone & Internet Banking – BPAY [®] Contact your bank or financial institution to make this paym from your cheque, savings, debit, credit card or transaction account. More info: www.bpay.com.au	

BPAY is now available for fee payments and is our preferred payment method. You will find the BPAY information relevant to your account on the Account Statement in the lower right hand section. BPAY assures your payments are allocated directly to your account avoiding any errors. The remittance statement/payment screen shot should then be emailed to: accounts.innisfail@cns.catholic.edu.au



GOOD COUNSEL PRIMARY SCHOOL PLAYGROUP

CATERING FOR CHILDREN - BIRTH TO 5 YEARS

FRIDAY MORNINGS 9:00 AM-11:00 AM **GOOD SAMARITAN HALL** (ACCESS VIA OWEN STREET)

COST: \$2.00 PER FAMILY

BYO: HAT. MORNING TEA & WATER BOTTLE CO-ORDINATOR: ASHLEIGH GORDON-COOKE 0459 676 121 JOIN OUR 'GOOD COUNSEL PLAYGROUP' PAGE FOR MORE INFORMATION

Prep enrolments for 2025 are well underway with many applications already received. Any existing parents of students with younger siblings please ensure that you have enrolled your Prep student for 2025 if applicable. If you have a child who was born between 1 July 2019 and 30 June 2020, please go the Good Counsel Primary School website and complete the Application for Enrolment online. If you have any queries please contact the Office on 4063 0600.



GOOD COUNSEL PRIMARY SCHOOL NEWSLETTER

With a sense of the First Nations country upon which Good Counsel Primary is situated, where learning and ceremony have taken place over many thousands of years, we acknowledge the Mamu People and pay our respects to all Elders- past and present.

Dear Parents/Carers.

Welcome to Week 9 of the term. Last week our Year 5 & 6 students worked with Susan McLean-Australia's leading expert in cyber safety. The sessions were an invaluable experience as she presented the facts of online use in practical ways to protect students from cyber issues. My greatest take away was that no primary school aged students should have access to Facebook, Instagram, Kik, Snapchat, or TikTok as they all have 13yrs+ age restrictions.

Susan has a website with information for parents wishing to navigate this area to keep up with the latest: www.cybersafetysolutions.com.au

Below is an extract from Susan to assist parents in this space and attached is an important fact sheet with helpful hints.

It's an online world!

Kids today have access to and are accessible to many millions of people worldwide via the vast array of websites, applications, and online games. The unprecedented amount of personal information available on these sites makes them a perfect place for people who would happily identify their victims and gain their trust. Other identified dangers include exposure to inappropriate content, cyberbullying, and harassment, exchange of inappropriate images, and identity theft. Teens are often not aware that their words andVor photos, which may have been intended for a small audience, sometimes find their way to a larger one, often with both unexpected and undesirable consequences.

Today's parents grew up in a world devoid of these technologies. They often have little knowledge on how best to assist and guide them and when interest or concern is shown, suspicious kids 'fob' them off with the typical responses of 'You won't understand ... ' 'Go away, it's private...' or 'You have no idea...'. Internet and mobile phone technology is fabulous and provides us with the ability to connect with people all around the world. We can explore and learn about the world like never before. However, cyberspace does have its problems, and unfortunately for kids, they are the primary targets for people's warped ideas and bad behaviours. Young people are often

foresee consequences is limited.

Kids need to appreciate and accept that just as in the real world, there are dangers in cyberspace. Parents need to teach kids that cyberspace is permanent. Everything that they write, post and send can be traced and will remain there forever. Do they want that comment, or picture from Saturday night's party on the desk of the person conducting a job interview in 10 years time? Are you happy for that naked picture, sent trustingly to their boyfriend who loves them dearly and will not share it with anyone (until he has it or you break up or both) on the computer of a paedophile? Kids need to think before they click, and parents and teachers need to educate them to ensure that where possible, the correct decisions are made in the first instance, not after a moment of madness.

Cyberspace can be a lot of fun. session Wednesday night.

their selections.

A reminder about lunches: lunch boxes-please pack enough food for 2 lunches as some children are not satisfied; ordering tuckshop-please don't order too much for little tummies as too often it's going into the bin.

Regards *Liam*



targeted and groomed without the ability to recognise that this is occurring. Kids' technical skills are superb. Adults today cannot even aspire to the level of technical knowledge inherent in today's kids, but we do know that this skill is not matched by cognitive development. Nothing we do can 'put an old head on young shoulders' and the ability to perceive risk, and

Don't be afraid of technology. Learn about it and embrace it as your children do. Accept that they will access content that might upset them, often not because they went looking for it and make sure that they are comfortable coming to you when this happens. Spend time online with them.

Thanks to the 30 parents who attended her

The P&F Meet and Greet, along with the Student Council Disco, made Friday evening a fabulously green event with lots of good food, great disco moves and the opportunity to get together for a few hours. Thank you to the P&F and the Student Councillors for their efforts, and the DJs Miss Teagan Forster and Miss Casey Sheil for secretary@gcps.qld.edu.au www.gcps.qld edu.au

OFFICE HOURS 8:00 AM-3:00PM Ph: 07 4063 0600

POINTS OF INTEREST

Page 2—The Life of the School

DIARY DATES 2024 TUE 23 JAN THU 28 MAR

WED 27 MAR **CROSS COUNTRY** 9:00AM START **11:15AM APPROX.** PRESENTATIONS

NO EXACT START TIMES AVAILABLE FOR RACES

DISTANCES		
PREP-6 YRS	500m	
7-8 YRS	1 km	
9-10 YRS	2km	
11-12 YRS	3km	

PARENT TEACHER INTERVIEWS ONGOING

> THU 28 MAR **TERM 1 ENDS**



St Patrick's Prayer Assembly...

Congratulations 6S for sharing the story of St Patrick with us in prayer and song. Thank you Miss Casey Sheil for the preparing the students.

Project Compassion...



We are now in the fifth week of Lent, and most classes are finalising their Project Compassion activities in support of Caritas Australia's community development and emergency relief programs in partnership with marginalised communities around the world—in Malawi, Samoa and the Philippines.

Saint Joseph...

Today, as we honour St Joseph, patron of the Universal Church, we pray for Pope Francis on this 11th anniversary of becoming Bishop of Rome. May Pope Francis bring to the Church the love, justice and simplicity of St Joseph, as he is called to strengthen the faith of his brothers and sisters around the world.

Palm Sunday & Holy Thursday's—the Lord's Last Supper...

Please join with 3DC on Friday as they lead us into Holy Week with their Palm Sunday presentation. Thank you Mrs Andrea Devaney and Mrs Jody Connolly for your preparations. Tuesday morning will see the



solemn representation of the Lord's Last Supper by 6D. Thank you Mrs Amber Di Carlo for organising the students.

Mini Vinnies Easter Raffle...

If you are interested in the raffle, please check out the flyer in today's newsletter.

Yours in Catholic Education—Mrs C (Maria Caltabiano)



GOOD COUNSEL PRIMARY CALENDAR

2024 Term 1 (10 weeks)

Fri 22.3 Palm Sunday 3DC Assembly Tue 26.3 Last Supper 6D 8:30am Wed 27.3 CROSS COUNTRY Thu 28.3 Stations of the Cross 5SD 8:30am Term One ends...

School Holidays

FRI 29.3 GOOD FRIDAY SUN 31.3 EASTER SUNDAY

Term 2 (10 weeks)

Mor	n 15.4	Term commences
Fri	19.4	Mini Vinnies – New Life
Thu	25.4	ANZAC Day
Mor	n 6.5	Qld Labour Day Holiday
Fri	17.5	Yr 1 Pentecost Assembly
Wee	d12.6	School Officers Day
Fri	21.6	Term 2 ends
Term 3 (10 weeks)		

Mon 8.7 Term commences

- Fri 12.7 INNISFAIL SHOW HOLIDAY
- Fri 30.8 Pupil Free Day
- Fri 13.9 Term 3 ends

Term 4 (10 weeks)

- Mon 7.10 King's Birthday Holiday Tue 1.10 Term commences
- Mon 11.11 Remembrance Day Ceremony Fri 6.12 Term 4 ends
- Mr Jim Arnell, Mrs Judy Rees and Mrs



GCPS Mini Vinnies supporting the Vincentians at Saturday evening

Thank you to GCPS Mini Vinnies President Sophie Sinton and 6D President Laylah Bonello for leading the way for the first of our invitations to the St Vincent de Paul mass on the third Saturday of each month. Thank you to Hannah and Brooklyn for supporting their sisters, and Mrs Mary O'Farrell, Maureen Gray in the SVdP choir. Looking forward to an increase in attendance next mass-Saturday 20 April at 6:30pm.



THE MINI VINNIES SPELLING BEE organised by Mrs Laurann Farina, had numerous spellers keen to challenge themselves in the Yr 3 & 4, Yr 5, and Yr 6 competitions. Spelling Bees continue this week to complete the competitions. Thank you Mini Vinnies—Iné and Ciel for assisting proceedings in the Library.



Fact Sheet

Internet Safety Tips for Parents, Teachers & Carers

- The use of computers, laptops or any internet enabled devices (iPad, phone, iPod, Xbox) SHOULD be in a common area of the house NOT IN THE BEDROOM! Need an alarm buy a clock radio!
- Parental monitoring is vital walk past and see what your child is doing, who they are talking to and what sites they are on....be aware if their mood changes. This is NOT invading their privacy at all...it is parenting in the digital space.
- Make sure there is no response to rude or harassing emails. (keep a record in case of further investigation)
- Advise your student/child to immediately exit any site that makes them feel uncomfortable or worried. Basic protective behaviour principles apply.
- If the harassment continues....the current email account can be deleted and a new one started. The new email address should only be given to a selected few.
- If receiving harassing messages on social media have the sender blocked
 & report to the site.
- If you have found inappropriate content about your child or one in your care on a website or are informed about this situation please contact the ISP and or Police or advise the parent to do so ASAP.
- Have a family internet contract and set house rules about what information your child can put onto websites or share with others.
- Be aware the majority of children WILL NOT tell a parent/teacher if bullied or harassed online for fear that they will lose internet access!!
- Make sure that your children understand that they will not get in trouble if they tell you about a problem.
- Parents must learn about the internet with their child get students to share their knowledge of the internet with their parents in a fun environment





Fact Sheet

- Spend time online with children, just as you would with many other activities such as sport, board games and walking the dog – learn and explore together
- Install filters and other monitoring/blocking software to minimise dangers. This is already done in schools but advise parents to have up to date filtering software installed at home.
- Know the sites they are accessing to ensure suitability. Filters CAN sometimes fail to protect and can be bypassed by a 'tech savvy' child.
- ♣ ABSOLUTELY NO EXCHANGE OF PERSONAL INFORMATION!
- Children Under 13 ARE NOT ALLOWED on Facebook, Instagram, Kik, SnapChat, iTunes and many more. Don't support your child to break the rules & they won't be the only one without these accounts. Learn to say NO!
- Social Networking Profiles such as MySpace SHOULD BE SET TO PRIVATE. Use all the security settings available to make the site as safe as possible.
- Friends on MSN contacts and social networking sites should be people that your child knows in real life. This is one way to reduce possible risks. Anyone can be anyone online.
- Learn the lingo so that you can decipher some of the content if required. Advise parents to do the same.
- Teach children that information on the internet is not always reliable.
- Very close supervision for young children is recommended. There should be a limit to the email correspondence/msn to be a list of friends and family that has been approved.
- Whatever your children use, you must use as well. Set up accounts on the same sites to ensure that they are suitable and the interactions appropriate. Engage with them online. This also allows you to know how these applications work.
- If your child is playing online games it is YOUR responsibility to make sure that YOU know how to play the game too in case of problems. Play online games together.
- Do not let young children 'google' aimlessly with no supervision. Children need to be taught about search engines and how they work.
- The internet and the various applications are a lot of fun and a wonderful tool...maximize the benefits and surf safely together!
- Please note that this list is by no means exhaustive and that there is no guarantee that adherence to these tips will provide 100% protection or safety for those using the various applications of the internet.



RAM REC CENTRE SCHOOL HOLIDAY SKATE CAMP! LIMITED SPOTS AVAILABLE

8TH - 11TH APRIL

All campers are in for a treat with delicious snacks and refreshing drinks flowing all day, Skaters will be taught skills to push them to becoming the best they can be as well as having fun with games on and off the skate rink. All campers will recieve a stylish RamFam t-shirt as a welcome to the camp! www.ramrecreationalcentre.com

JAMIE GOSLING FOOTBALL ACADEMY

NIE GOSLI

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HOLLOWAYS BEACH SPORTING COMPLEX

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PRICING

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WWW.JGFA.COM.AU CONTACT JAMIE: 0450 181 626