



## TUCKSHOP



WED 21 FEB—TANIA, ANNA, KELLIE

FRI 23 FEB —TANIA, ANNA, HEATHER, LURL, JUDY

MON 26 FEB —TANIA, ANNA

PLEASE CHECK OUR CURRENT MENU AS THE PRICES OF SOME ITEMS HAVE CHANGED; INCLUDING FROZIES/ZOOPER DOOPERS—NOW 70C.

## FLEXISCHOOL ORDERING CLOSING TIMES

WEDNESDAY - CLOSING AT 8:00AM FOR THE SAME DAY

THURSDAY—9:30AM FOR FRIDAY INCLUDES ALL BROWN BAGS FOR FRIDAY

\* LATE ORDERS WILL SUBSTITUTED AS PER MENU\*

MONDAY—8:00AM FOR THE SAME DAY

TUCKSHOP TUBS ARE NO LONGER KEPT OUTSIDE THE CLASSROOMS. ALL BROWN BAGS WITH CASH TO THE TUCKSHOP BY FIRST BELL.



## UNIFORM SHOP

2024 OPENING HOURS

MON, WED, FRI  
8:00—8:30am OR  
11:00am—12:30pm



**advancedlife**  
school photography & print specialists

## SCHOOL PHOTOS

THURSDAY 22 FEB

Photos are encouraged to be purchased on-line using Visa, Mastercard, or PayPal.

When ordering online, there is no need to complete an envelope. Limited envelopes are available from the front office should you wish to pay cash. Please note, we do not hold cash for change in the office.

Sibling photos ordered online must be completed before midnight Wednesday 21 Feb (the night before photo day).

Please note: Late sibling cash envelope orders will not be accepted after school begins on photo day. Only siblings from this school will be photographed together.

To order please go to [www.advancedlife.com.au](http://www.advancedlife.com.au)

Enter the school 9 digit code, available on the Parent Portal under 'Documents - GCPS Advancedlife Flyer—How to order.'

**order & download your photos**

enter your 9 digit online order code below

go

## REMINDER TERM FEES

Term 1 fees have now been issued.

Please note payment is due 23 February.

Please check your emails and spam/junk folder and if not received, contact Admin.



BPAY is now available for fee payments and is our preferred payment method. You will find the BPAY information relevant to your account on the Account Statement in the lower right hand section. BPAY assures your payments are allocated directly to your account avoiding any errors. The remittance statement/payment screen shot should then be emailed to: [accounts.innisfail@cns.catholic.edu.au](mailto:accounts.innisfail@cns.catholic.edu.au)



GOOD COUNSEL PRIMARY SCHOOL  
PLAYGROUP

CATERING FOR CHILDREN - BIRTH TO 5 YEARS

FRIDAY MORNINGS 9:00 AM—11:00 AM

GOOD SAMARITAN HALL  
(ACCESS VIA OWEN STREET)

COST: \$2.00 PER FAMILY

BYO: HAT, MORNING TEA & WATER BOTTLE

CO-ORDINATOR: ASHLEIGH GORDON-COOKE 0459 676 121



JOIN OUR 'GOOD COUNSEL PLAYGROUP' PAGE  
FOR MORE INFORMATION

## Fair Play Voucher Information

Fair Play is a program under the Queensland Government's \$1.3 billion Activate! Queensland 2019–2029 strategy focusing on where people live, learn, earn and play to embed activity in their daily lives and encourage lifelong movement. The program provides eligible Queensland children and young people aged 5 to 17 (inclusive) who can least afford to join a sport or recreation club with a voucher valued up to \$150 for membership and/or registration fees. The latest round of Fair Play Vouchers opened on 24 January 2024. For more information and to apply visit: <https://www.qld.gov.au/recreation/sports/funding/fairplay/apply> If your child does not have access to a valid Centrelink [Health Care Card](#)/[Pensioner Concession Card](#), you may request assistance through the school who is a referral agent for the program, and has been granted a **limited number** of vouchers. Issuing of vouchers is at the principal's discretion and aims to assist those who would *struggle to meet the costs associated with membership and registration of a sport or recreational club*. If you would like to apply for a voucher through the school, please call the office on 07 4063 0600.



# GOOD COUNSEL PRIMARY SCHOOL NEWSLETTER

SEEK, LEARN AND SERVE

20TH FEBRUARY 2024

TERM 1 Week 5

With a sense of the First Nations country upon which Good Counsel Primary is situated, where learning and ceremony have taken place over many thousands of years, we acknowledge the Mamu People and pay our respects to all Elders—past and present.

Dear Parents/Carers,

As we enter Week 5 of Term 1, classrooms are certainly humming, with great teaching and learning occurring each day. Class routines and expectations have been set and students have made a wonderful start to the year. It is an opportune time to reflect on and remind parents of some wise 'Michael Grose' words on starting a new school year from his book—*Building Parent—School Partnerships*. A new school year means a fresh start for students. Regardless of the child's performance last year, they begin school in 2024 with a clean slate.

The following 7 ideas help you make the most of a fresh start and make it your child's best year ever at school.

- 1. Commit to your child going to school every day on time.**  
One of the most important things you can do to ensure your child has a bright future is to make sure he or she goes to school every day—and gets there on time. Kids spend more time asleep than at school, so we need to maximise every day to get full value.
- 2. Help kids start each day well.**  
A good night's sleep, a healthy breakfast and some words of encouragement from you will help set a positive tone for a day of learning. This may mean that you adjust your morning routine so that kids have plenty of time to get up, eat and get ready for the day.
- 3. Establish work and study habits.**  
The most successful students are those who develop regular study habits that suit their lifestyle, their study style and their school's expectations.
- 4. Make sure your child gets enough sleep.**  
Many children and young people are sleep-deprived, which impacts on their wellbeing and their learning. A good night's sleep consolidates learning, as well as assisting future learning. Children need between 10-12 hours of sleep each day, while teens need a minimum of nine hours. Help kids get sufficient sleep by having a regular bedtime and get-up time each day. Have a 45-minute wind-down time each night, and remove screens and mobile phones from bedrooms.
- 5. Insist kids exercise.**  
The old saying about 'a healthy body and a

healthy mind' is so true. Exercise releases the chemicals needed for learning and wellbeing. Yet kids today get less exercise than those of past generations, which is an impediment to learning and mental health. Health professionals recommend a minimum of 60 minutes of exercise per day for kids of all ages. Encourage your child to play sport; promote free and active play and look for ways to make moving part of their daily lives.

### 6. Focus on being friendly.

Schools are very social places requiring kids to negotiate many different social situations each day. Yet we often only focus on academic learning. There are strong links between social success, and academic success and wellbeing. Encourage kids to be open and tolerant; to be friendly; to be sensitive to others; to be involved in plenty of activities and to be social risk-takers. These are all characteristics of socially successful kids. At the same time discourage anti-social behaviours such as over-competitiveness, self-centredness and lack of sharing.

### 7. Develop self-help skills.

Successful students are often well organised, self-directed and self-motivated. Personal organisation seems to come more naturally to girls than boys, however both genders benefit from coaching in this important area. You can foster organisational skills and self-direction by developing simple, age-appropriate self-help skills related to their every day lives. Such skills as making lunches, packing school bags, and organising after school schedules can be great lessons that impact of how kids perform at school.

Just some wise words early in the school year. Select two or three areas to really focus on to make for a wonderful school year.

**Save the date**—'Green' Student Council Disco P&F Meet & Greet BBQ—15 March. Come dressed as a leprechaun, alien, frog, green fairy, Canberra Raiders supporter, Shrek, Robin Hood, Teletubby—Dipsy. Great prizes, lucky door, fun for all the family. Come and join us.

**Reminder—School Photos Thursday.** Wear your best smile, correct school uniform including black shoes, with neat and tidy hair.

Regards Liam

[secretary@gcps.qld.edu.au](mailto:secretary@gcps.qld.edu.au)  
[www.gcps.qld.edu.au](http://www.gcps.qld.edu.au)

### OFFICE HOURS

8:00 AM—3:00PM

Ph: 07 4063 0600

### POINTS OF INTEREST

Page 2—The Life of the School

### DIARY DATES 2024

TUE 23 JAN

THU 28 MAR

**WED 21 FEB**  
**CASSOWARY COAST**  
**NRL GALA DAY**  
**CALENDAR PARK**

**THU 22 FEB**  
**SCHOOL PHOTOS**  
**ORDER DETAILS ON**  
**BACK PAGE**

**REMINDER—ONLINE**  
**SIBLING PHOTO**  
**ORDERS TO BE**  
**COMPLETED BEFORE**  
**MIDNIGHT**  
**WED 21 FEB**







Project Compassion Prayer Assembly...

Congratulations 5S students for introducing this year's Project Compassion to us and thank you to Mrs Daniella Stephenson for the preparations. During the weeks of Lent that lead us to Good Friday, Project Compassion is an important resource which allows us to focus on the needs of others, and highlights how Caritas Australia is working together with vulnerable communities around the world, empowering them to develop their strengths and create lasting change.

GCP Charism Prayer Assembly...

The GCP Mini Vinnies Executive will be presenting the Good Samaritan Charism on Friday. The Sisters of the Good Samaritan of the Order of St Benedict are a group of religious women within the Catholic Church who seek God – the God who impels us to be neighbour. They were the first religious Congregation founded in Australia, and as their name suggests, their work and prayer are both enlivened by the Parable of the Good Samaritan and nourished by the ancient wisdom of the Rule of St Benedict. Join us as we share what the Good Sams have meant to our school over the years since their founding presence here in Geraldton/Innisfail from 1903.

RECIPE FOR A LENTEN GARDEN

- 1. Plant five rows of peas – because no two peas are the same and God loves variety.  
Preparedness, Promptness, Perseverance, Politeness, Prayer
- 2. Plant 2 rows of turnips –  
Turn up for Mass. Turn up with a new idea.
- 3. Plant 3 rows of squash -  
Squash gossip. Squash criticism. Squash indifference.
- 4. Plant 4 rows of lettuce –  
Let us be loyal. Let us be unselfish. Let us be truthful. Let us be faithful.

Congratulations...

To Lovish Bagga (2ML) and family on the birth of a baby sister Jenis.



Congratulations...

To Rosalie (2ML) & Austin Mizzi (PH) and family on the arrival of their baby brother Kaiden.

2024 Term 1 (10 weeks)

- Wed 21.2 NRL Gala Day Callendar Park
- Thu 22.2 SCHOOL PHOTOS
- Fri 23.2 Good Samaritan Charism Assembly
- Fri 1.3 Sports Captains
- Fri 8.3 Harmony Day
- Fri 15.3 St Patrick's 6S Assembly
- Fri 22.3 Palm Sunday 3DC Assembly
- Tue 26.3 Last Supper 6D 8:30am
- Wed 27.3 Cross Country
- Thu 28.3 Stations of the Cross 5SD 8:30am
- Term One ends...

School Holidays

- Fri 29.3 Good Friday
- Sun 31.3 Easter Sunday

Term 2 (10 weeks)

- Mon 15.4 Term commences
- Thu 25.4 ANZAC Day
- Mon 6.5 Qld Labour Day Holiday
- Fri 21.6 Term 2 ends

Term 3 (10 weeks)

- Mon 8.7 Term commences
- Fri 30.8 Pupil Free Day
- Fri 13.9 Term 3 ends

Term 4 (10 weeks)

- Mon 7.10 King's Birthday Holiday

**Book Fair**  
Good Counsel Primary - Theatrette  
Wednesday 28 February to Friday 1 March 2024  
8:00 – 8:35am students & parents  
lunch times - students  
3:00 – 3:30pm students & parents  
Eftpos and Cash payments accepted.  
Commissioned earned is redeemed as new books for our school.



**BOOGAN STARS**  
JUNIOR FOOTBALL CLUB  
Thursday March 7th  
AGES 3-11  
FROM 5:15PM-6:15PM  
COME & TRY DAY  
FREE SAUSAGE SIZZLE for all players  
LOCATION: CASTOR PARK SPORTSGROUND  
CASTOR PARK MOURILYAN

**YEAR 7 INTERVIEWS - SATURDAY, 11 MAY 2025**  
ORIENTATION DAY - THURSDAY, 10 OCTOBER 2024

- Inclusive of all, with well-established practices guided by Gospel values that support student wellbeing
- Concessions available - Fees inclusive of all camps, retreats and activities - 2 in 1 laptop provided in Year 7 & 10
- Dedicated, caring teachers, well-resourced classrooms with full ICT integration for 21st century learning

**YEAR 7 IN 2025**  
ENROLMENTS NOW OPEN  
Enrol Online  
www.gcc.qld.edu.au | 4063 5300

Lots of Yr 4 activity at the Sports Spectacular at Callendar Park today.

**Deepest Sympathy...**  
To Christine Casale and family on the passing of grandmother Anna Quarrera