



TUCKSHOP MENU

REGISTER WITH FLEXISCHOOLS - SEE FLYER FOR DETAILS

Monday - Wednesday - Friday

1st Break 10.40 2nd Break 1.00

HOW TO ORDER

- Click 'order food' at the top of the home page on your app
- Select the child you want to order for, then, the date you wish to receive the order
- Choose the food items you wish to purchase, then select "confirm order"
- Choose your desired payment option
- Press 'place order' to confirm your purchase
- All flexischools orders go into a draw for \$5 tuckshop credit
- ALL Friday orders MUST be placed Thursday
- Late Friday orders will be substituted with a \$2.50 sandwich

SNACKS

Apple Slinky: red or green	\$1.50
Popcorn	\$1.50
Salami Stick	\$1.50
Cheese Stick	\$1.50
Nutella	\$1.50
Grazing Tub	half \$3.00 full \$5.00

Crackers, dip, cheese, salami, carrot, cucumber x3 or x6 each

DRINKS

600ml Water	\$2.50
350ml Juice	\$3.50
Apple, Apple Blackcurrant, Orange	
250ml Popper	\$2.50
Apple, Apple Blackcurrant, Tropical, Orange	
200ml Milk	\$2.00

Plain, Chocolate, Strawberry

MADE FRESH

SIMPLE SANDWICHES

Vegemite or Jam or Honey	\$2.50
Cheese or Ham or Chicken	\$3.50

TOASTIES

Cheese	\$4.00
Cheese + Tomato	\$4.50
Ham/Chicken + Cheese	\$5.00
Ham/Chicken + Cheese + Tomato	\$5.50
Pizza - pizza sauce + salami + cheese	\$5.50
Tyson - chicken + cheese + bbq sauce	\$5.50
Quinn - chicken + cheese + bbq sauce + avo	\$6.00
Archie - ham + chicken + salami + cheese + bbq sauce	\$6.50

SALAD SANDWICHES/WRAPPS/TUBS

Indicate choices clearly:

Salad	\$4.00
<i>Lettuce. Tomato. Cucumber. Carrot. Beetroot. Avocado. Cheese</i>	

Add Protein	\$3.00
<i>Chicken or Ham or 2x Chicken Strips (plain or sweet chilli)</i>	

Mayo. French. Balsamic. Balsamic Glaze. Sweet Chilli. Tomato. BBQ

SMALL CHICKEN STRIP WRAPS - 1 STRIP

Indicate choices clearly:

Simple strip wrap (plain or sweet chilli)	\$4.00
<i>with Lettuce. Cheese. Mayo</i>	

Salad strip wrap (plain or sweet chilli)	\$5.00
<i>with Lettuce. Tomato. Cucumber. Carrot. Beetroot. Avocado. Cheese</i>	

Mayo. French. Balsamic. Balsamic Glaze. Sweet Chilli. Tomato. BBQ

LUNCHBOX

INCLUDES THE BELOW FOR \$7.50

INDICATE CHOICES FROM MENU

- 1 simple sandwich
- 1 popper or milk
- 2 choc chip cookies
- Apple or orange segments

PREMADE HOT FOOD

Chicken Nugget	\$0.50
Chicken Strip <i>plain - sweet chilli - salt & vinegar</i>	\$2.00
Party Pie	\$2.00
Pizza <i>cheese - bacon - hawaiian</i>	\$3.00
Lasagne	\$4.00
Mac & Cheese	\$4.00
Sauce <i>tomato - bbq</i>	\$0.50

COOL TREATS

Frozen Yoghurt	\$3.00
<i>BULLA mango - strawberry - raspberry</i>	
<i>TWISTED watermelon/mango - chocolate/vanilla - strawberry/vanilla</i>	

Frozie or Zooper Dooper voucher	\$0.50
<i>Prep to Yr 2 - 1st break ONLY</i>	
<i>Yr 3 to Yr 6 - 2nd break ONLY</i>	

SPECIALS

MONDAY ONLY

Taco Bowl	half \$3.00 full \$5.00
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Indicate choices clearly:

mince, cheese, lettuce, corn chips, salsa, sour cream, avocado

WEDNESDAY ONLY

Ravioli	half \$3.00 full \$5.00
Garlic Bread x2 slices	\$0.50

FRIDAY ONLY - PERRY'S

Meat Pie	\$5.00
Sausage Roll or Mini Pastie	\$3.00
Cream bun or Finger Bun	\$2.50
Fruit Salad	half \$3.00 full \$5.00
* seasonal fruit - ingredients will differ on availability	

PLEASE JOIN THE GCPS TUCKSHOP & UNIFORM SHOP & P&F UPDATES FACEBOOK GROUP TO KEEP UP TO DATE

**HELPERS NEEDED MON - WED - FRI
PLEASE CONTACT TANIA TO FOR MORE DETAILS**