

VOLUNTEERS
NEEDED!

TUCKSHOP



WED 3 MAY - TANIA / ANNA

FRI 5 MAY - TANIA / ANNA

MON 8 MAY - TANIA / ANNA

PLEASE ENSURE ALL TUCKSHOP ORDERS ARE WRITTEN
OUT ON A PAPER BAG WITH THE AMOUNT
OF MONEY ENCLOSED & CLEARLY NAMED.

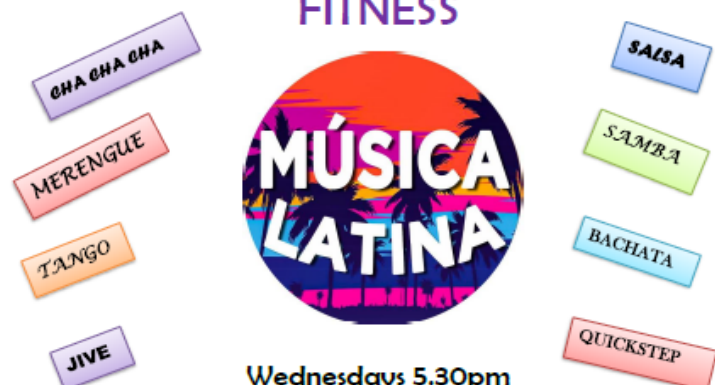
UNIFORM SHOP

2023 OPENING HOURS

MON, WED, FRI
8.00 - 8.30AM OR
11.00AM - 12.30PM



LADIES LATIN RHYTHM FITNESS



Wednesdays 5.30pm
Innisfail Aerodrome Hall, Mundoo
Air conditioned venue.
Low impact, easy steps.
Great way to exercise and improve fitness.
\$10 per class. Come and join the fun!
0437087318 Wendy



COME & TRY

Walker Road Sports Precinct, Edmonton.

Training Tuesdays from 4:30pm

Junior games Saturday mornings 9am

(Terms 2 & 3)

Come and give Baseball a go!

TERM FEE UPDATE

Term 2 fee statements will be issued shortly.
For families who are not on a Direct Debit
and have outstanding fees due, please
make payment over the internet with the
details on the bottom of the invoice noting
your Reference 973..... (also noted
on the bottom of your invoice) to ensure that
monies are credited against the correct
account and not delay payments.

BPAY is now available for fee payments and is
our preferred payment method.
You will find the BPAY information
relevant to your account on the
Account Statement in the lower
right hand section. BPAY assures
your payments are allocated
directly to your account,
avoiding any errors.



The remittance statement should
then be emailed to

accounts.innisfail@cns.catholic.edu.au

Please be mindful and check your emails &
junk/spam to ensure delivery of your fee
statement.



GOOD COUNSEL PRIMARY SCHOOL

PLAYGROUP

GOOD SAMARITAN HALL

FRIDAY MORNINGS 9.00 - 11.00AM

(Access via Owen Street)

Cost: \$2.00 per family

BYO: HAT MORNING TEA & WATER BOTTLE

Co-ordinators: Ashleigh Gordon-Cooke

0459 676 121 & Vaylen Mizzi

Catering for children birth to 5 years

Join our "Good Counsel Playgroup" Facebook page
for more information.



GOOD COUNSEL PRIMARY SCHOOL NEWSLETTER

SEEK, LEARN AND SERVE

2ND MAY 2023

TERM 2 Week 3

With a sense of the First Nations country upon which Good Counsel Primary is situated, where learning and ceremony have taken place over many thousands of years, we acknowledge the Mamu People and pay our respects to all Elders— past, present and emerging.

Dear Parents/Carers,

A couple of times this term I have had to deal with a child who was anxious about a particular situation here at school. In both cases I referred back to some tips I had read about from Michael Grose Parenting expert that I have always found useful. Anxiety is normal and part of everyday life. There is no better time than childhood to learn how to cope with anxiety.

Most children will experience some anxious moments or have fearful thoughts and feelings from time to time about certain events. The most important task of the parent or school staff member is to remain calm, think clearly and role model confidence when a child gets anxious.

'Calm' is created through your words, voice and facial expression. When children become anxious, help them recognise what is happening. For some children they get angry, some become upset and others withdraw. Work out how your child reacts and help them recognise when they are becoming anxious.

'Accept' your child's anxious feelings as they need to trust that you are with them and they will be more willing to let you help them cope. Differentiating between a bad case of negative thinking and true anxiety is sometimes difficult.

'Challenge' the validity of your child's fears and anxiety using logic and rational thinking. Don't allow children to wallow in self pity. Move their thoughts towards the future rather than allowing them to mope around.

'Encourage' your child to overcome their anxiety through action - make a plan and follow through

'Model' non anxious behaviours yourself. Your own anxiety will rub off onto your children so be careful how you manage

your own fears. Remember anxiety is normal and part of everyday life. However, it can be debilitating unless it is managed. Anxiety management is one of those valuable life skills that parents can teach their children.

Parenting Ideas



Thank you to all parents/ carers, students and staff who attended ANZAC services in Innisfail—Dawn, Mass and March.

Such commendable support from our GCPS community for those who



sacrificed so much for this country, in Babinda, Graesen Maxwell laying a wreath at the RSL.
Mothers' Day Morning Tea - Thursday 11 May. Please save the date - 9:00—10:20am. Seats available from 8:45am—kick off with Lucky Door Prizes, Raffles and of course our class items. Stay and share a cuppa and scones after the mini concert. Organise to bring your mother, mother-in-law, grandmother or someone you know who is like a mother to you, who would enjoy the morning outing.

Regards Liam

secretary@gcps.qld.edu.au
www.gcps.qld.edu.au

OFFICE HOURS

8:00 AM—3:00PM
Ph: 07 40630600

POINTS OF INTEREST

Page 2—The Life of the
School

DIARY DATES 2023

MON 17 APR

FRI 23 JUN

THU 4 MAY
FRIDAY'S TUCKSHOP
IN TODAY

THU 11 MAY
MOTHERS' DAY
MORNING TEA

SAVE THE DATES
ATHLETICS DATES

MON 19 JUN

FIELD EVENTS 3-6

TUE 20 JUN

1:40 BALL GAMES/
TUG-O-WAR

THU 22 JUN

WHOLE SCHOOL

CALLENDAR PARK

SPRINTS, RELAYS,

800M

Welcome to Week 3—
and thank you for reading the heart of the newsletter.
Mary, Mother of Good Counsel Mass...
Thank you Father Kerry for celebrating our Feast Day Mass with us.
Thank you to our resident photographer Mrs Vecchio who snaps
anyone who crosses her camera lens. Thank you for all the amazing
photos on our Facebook page.



GCPS Mother's Day Concert & Morning Tea...

Eldest in the family will have brought home the invitation with this newsletter today. GCPS mums and grand-mums—please advise of your attendance numbers for seating and Tea/Coffee & Scones by Friday 5 May to assist with preparations. Raffle will go on sale next week.



A mother's hug lasts long after she lets go. Author Unknown
Student Council Prayer Assembly...
Join with the Student Council on Friday as they adopt a year level each to lead them in prayer.

MICHAEL MANGAN IN CONCERT
TUESDAY 23 MAY 11:45am–12:55pm
Singer/songwriter—Out of Ashes, Sing it Hosana, Hearts on Fire,
Never See a Need, Celebrate Let's Celebrate

Sincere Sympathy.....
To Chloe Pensini (4RS) and family on the passing of her grandmother Nola Pensini.

- Term 2...**
- Wed 3.5 Mathematics Olympiad #1
 - Fri 5.5 Student Council Prayer Assembly
 - Thu 11.5 Mothers' Day Concert**
 - Fri 12.5 Brief Assembly—Awards & Notices
 - Fri 19.5 2ML Forgiveness Prayer Assembly
 - Tue 23.5 Michael Mangan in Concert
 - Fri 26.5 Yr 1 Pentecost Prayer Assembly
 - Fri 2.6 NATIONAL RECONCILIATION WK
 - Wed 7.6 School Officer Day
 - Mon 19.6 Field Events Yr 3—6
 - Tue 20.6 1:40pm Ball Games/Tug-o-War
 - Thu 22.6 Whole School Callendar Park Sprints, Relays, 800m
 - Fri 23.6 Term 2 ends

- Term 3...**
- Mon 10.7 Term commences
 - Fri 14.7 INNISFAIL SHOW HOLIDAY
 - Tue 25.7 Catholic Education Week—
A Spirited Tomorrow
 - 21—25.8 Book Week—
READ GROW INSPIRE
 - Fri 1.9 CTJ Pupil Free Day
 - Mon 4.9 Sacrament of Confirmation
Mother of Good Counsel Church 7pm
 - Tue 5.9 St Rita's Church South Johnstone
 - Fri 8.9 NAIDOC—FOR OUR ELDERS
 - Fri 15.9 Term 3 ends

- Term 4...**
- Mon 2.10 King's Birthday Holiday
 - Tue 3.10 Term commences
 - Fri 20.10 Gold Coin Mission
SOCKTOBER DAY
 - Fri 10.11 Remembrance Day Assembly
 - Fri 1.12 Term 4 ends

DATE CLAIMER: THURSDAY 11 MAY
MOTHER'S DAY at GOOD COUNSEL PRIMARY
Items commencing 9:00am
Invitations sent home with eldest in the family.
Cuppa & Scones—10:00am
Répondez s'il vous plaît by Friday 5 May 2023



Congratulations to Week 2's Social and Emotional Learning Recipients

