

## TUCKSHOP

WED 25 MAR — TANIA  
 FRI 27 MAR — TANIA  
 MON 30 MAR — TANIA



PLEASE ENSURE ALL TUCKSHOP ORDERS ARE WRITTEN OUT ON A PAPER BAG WITH AMOUNT OF MONEY ENCLOSED & CLEARLY NAMED.

Tuckshop List and Uniform Price List are available on the Good Counsel Primary School website.

**MONDAY, WEDNESDAY and FRIDAY**  
 8.00 - 8.30am and  
 11.00am - 12.30pm



**GOOD COUNSEL PLAYGROUP HAS BEEN CANCELLED UNTIL FURTHER NOTICE**

**Mother of Good Counsel**  
**YOUTH NIGHT**  
**POSTPONED**  
 WHEN? Friday 27 March

**Update**  
 Your Contact Information

Please be mindful that you may have information that needs to be updated on the Portal. Please go onto the Parent Portal and check your current information. If any details have changed please click on the "My Details" to request any changes. In these difficult times it is essential that information is correct.

## TERM FEES



Term 1 fees have been issued and are now overdue. Please make payment by the due date. Please be mindful and check your emails to ensure delivery of your fee statement.

A reminder that every family will receive a fee statement regardless of payment arrangements or concessions, to keep you informed of your current balance.

Please be aware for direct deposits into the school's bank account it is imperative to use your 973..... Reference located at the bottom of your invoice to ensure that monies are credited against the correct account and not delay

payments.

**Please email remittance to avoid payments being overlooked.**

## SCHOOL BANKING UPDATE



Notice from

### CommBank School Banking

**The health, safety and wellbeing of our communities and our people is our first priority. Due to the rapidly developing situation with coronavirus, School Banking has been temporarily paused from 20 March 2020 until the start of Term 2.**

**Please don't bring your deposit book with your weekly banking into school and we will notify you when banking will recommence.**

## GCPS AFTER SCHOOL FITNESS



After school fitness for the upper school has been cancelled for the rest of the Term.

## BEFORE SCHOOL - LAP RUNNING

**Lap running on Tuesday and Wednesday mornings has been cancelled until further notice.**



# GOOD COUNSEL PRIMARY SCHOOL NEWSLETTER

SEEK, LEARN AND SERVE

24TH MARCH 2020

TERM 1 Week 9

Dear Parents/Carers,

This week we began with our first ever student free audience at a GCPS assembly. Our Student Council and Clancy Colour Captains led the announcements and students received their Week 9 birthday certificates. Students were then shown the video of the event in classrooms with the school song. This was an attempt to keep some normality to a quickly changing school landscape.

School is not 'as per normal' due to the Coronavirus (COVID-19) pandemic world wide. Changes to 'normal' ways of doing things are being released weekly and even daily. International travel bans, cancellation of sporting and cultural events, shopping frenzies and talk of school closures dominate the media. While keeping ourselves and our children healthy and safe is our main concern, we need to ensure that the anxiety level of ourselves and children are addressed during these changing times. Take advice from Michael Grose (founder of Parenting Ideas) who has some practical parenting tips in a time of change .

Children and young people have already been exposed to a great deal of information about coronavirus through media, digital means and direct social contact. Their understanding will vary depending on their age and also the quality of their information sources, so you probably will need to help kids process what they already know.

Check your own frame of mind and emotions about COVID-19 before talking to kids. Most children are astute mood detectives and they'll gauge their safety by the way you communicate with them. If you tell a child, "You've got to wash your hands or you'll get infected," you are communicating your own anxieties, making it difficult for them to maintain a healthy state of mind. Have a think about how you

can frame your instructions and their importance in a way that doesn't heighten your child's anxieties.

It's difficult to work out fact from fiction, correct from incorrect, information from exaggeration when the news is changing so fast. However you need to educate yourself about the virus itself, including how it's transmitted and how to stay safe. Get information from trustworthy sources such as The Australian Government Health Department website and the current federal government coronavirus information media campaign.

It's important that parents and teachers answer children's questions honestly in age-appropriate ways and within context of what is happening at the given time. If their sport or hobby has been temporarily cancelled empathise with their concerns, while helping them maintain a sense of perspective.

One way to reduce anxiety and allay children's fears is to involve them in planning and preparation for their personal and group safety. Positive activities such as maintenance of personal hygiene, greeting people with an elbow tap and getting plenty of sleep can help restore a sense of control, that is so important for their wellbeing.

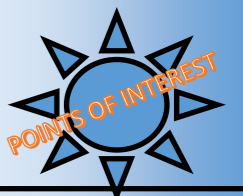
Regular rituals such as mealtimes, bedtime stories and regular one-on-one time provide both an anchor to normality and a sense of connection for kids at times of change. Consider reconstituting favoured family rituals at this time if they have lapsed due to lack of time, or lifestyle frenzy.

Help children see past their own needs and look for ways to assist others whether it's shopping for an elderly neighbour, helping a younger sibling occupy themselves, or

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OFFICE HOURS  
 8:00 AM—3:20PM



Page 2—The Life of the School  
**DIARY DATES**  
 TERM 1  
 Tue 28 January —  
 Fri 3 April

**SCHOOL BANKING POSTPONED UNTIL TERM 2**

**WED 25 MAR MATH OLYMPIAD #1**

**FRI 20 MAR MEET & GREET POSTPONED**

**PLEASE SEE PG 4 FOR OTHER CANCELLATIONS**

planning an indoor movie night for the whole family.

The Coronavirus presents many practical challenges to parents and other important adults in the lives of kids. Staying calm, keeping informed, and adjusting our own habits are just some of the challenges we face. During these difficult times we need to be civil to each other, look out for each other and be mindful of the common good in everything we do.

For parents/carers choosing to self isolate, we are suggesting you organise with your class teacher to take home your child's tidy tub. This way some work can be organised to promote continuity of learning up until the holidays.

Please take the time to read William Dixon's (Executive Director of Catholic Education Services) letter which outlines the latest update on coronavirus preparedness and current advice. This will have been sent by email yesterday.

<https://www.cns.catholic.edu.au/wp-content/uploads/2020/03/Update-on-coronavirus-preparedness-Letter-to-Parents-23March2020.pdf>

One of our self isolated prep students (Bodhi Puccini) last week did some work in curriculum areas of P.E. and Environment Science fishing with his dad after he had one done his sight words and reading.



**SOCIAL & EMOTIONAL  
Wk 8 AWARDS—**

Mr Kenny handed out awards in each classroom— all recipients were shared via Seesaw.

<p><b>CONFIDENCE</b> Peter Cecchi Brady Devaney Bella Baldwin Rishamreet Randhawa Phoenix Di Carlo Tyrell Forbes Mia McLeish Sandor Zieger Veral Tiwari</p>	<p><b>GETTING ALONG</b> Mia Connell Navrajvir Gill Isabelle Peake</p>
<p><b>ORGANISATION</b> Georgia Grant Sophie Sinton Dakota Cavallaro Dexter Bartolo-Solares</p>	<p><b>EMOTIONAL RESILIENCE</b> Cooper Healey</p> <p><b>PERSISTENCE</b> Gurleen Bullar Oscar Mannix Emilia Garner 3B—whole class Rylan Bazzacco Ruben Puccini Rhya Maxwell</p>

Gracious God, We give thanks anew for your providence and presence. We prayerfully seek your grace, amidst COVID-19 here and overseas. We pray for those in need of healing. We pray for your peace with those who are anxious or grieving. We pray you will continue to strengthen and sustain all those who are serving in response. We pray for your Holy Spirit's discernment amidst the many choices and decisions facing our national, community and medical leaders. We pray we each might see quickly what more we can do to help those who are vulnerable. This prayer for our nation in the family of nations, with all that is on our hearts, we gather now and pray through Jesus Christ our Lord. Amen.

**TERM 1 2020**  
Wed 25.03 MATH Olympiad #1  
Fri 3.04 Pupil Free Day  
**School Holidays**  
Fri 10.04 Good Friday  
Sun 12.04 Easter Sunday

**Holy Week -  
Children are  
preparing to present  
through video to the  
classes.  
3B Palm Sunday  
6S The Last Supper  
5GS Stations of the  
Cross.**



Regards  
Liam



**Down Syndrome  
Day**

The year 4s celebrated Down Syndrome Day last week on the 21 March in class by making sock puppets and wearing crazy socks in support of Aaliya. Thanks Mrs Di Carlo and Miss Butler

