



# GOOD COUNSEL PRIMARY SCHOOL

## NEWSLETTER

18/08/15  
Term 3 Week 6



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OFFICE HOURS  
8.00AM—3.20PM

### POINTS OF INTEREST

- APRE - LIFE OF THE SCHOOL pp. 2,3

### DIARY DATES

TERM 3  
(10 WEEKS)  
MON 13TH JUL -  
FRI 18TH SEPT

EVERY WED  
SCHOOL BANKING  
8.00-8.30

WED 19 AUG

CHOIR PRACTICE  
8.40AM - 9.20AM

MATH OLYMPIAD #4

SAT 22 AUG

ST VINNIES MASS  
6.30PM MoGC

MON 24 - 28 AUG

BOOK WEEK  
(NOT TO BE  
CONFUSED WITH  
BOOK FAIR)  
See page 4 for times

WED 26 AUG

FAVOURITE BOOK  
CHARACTER DRESS UP  
PARADE

FRI 28 AUG

YR 1 DAFFODIL DAY  
ASSEMBLY  
ORANGE/YELLOW  
SHIRT & GOLD COIN  
DONATION

### Principal's Column

Dear Parents,

Today I am continuing on from last week's "Helping Kids Be Brave" theme taken from *Michael Grose's - Parenting Ideas*. This was recently highlighted by one of our Year 4 students who broke her arm last week. The break was quite severe as both bones in the forearm were fractured and had moved out of place. I consider this student to be one of the bravest I have witnessed as she received first aid at school then by the ambulance. She was then transported to Cairns and had surgery to reset it on Friday. Through all of the experience the student was only concerned that everyone was making a fuss. Maddy you deserve a "Bravery Award".

#### 3. BE EMPATHETIC, NOT SYMPATHETIC

There is a difference. Empathy shows you understand how they feel; sympathy can be maudlin, leading you to pay excessive attention to the fear as well as letting them off the hook. Kids need a supportive adult who says, not necessarily in these words, "I know how you feel but I also know you can do this."

#### 4. CREATING OPPORTUNITIES FOR INDEPENDENCE

Competency is the enemy of anxiety. Building children's self-help skills and their independence outside of the home has a snowball effect on how they feel about situations that they usually fear.

#### 5. MODEL BRAVERY

If you want kids to be brave then you go first. Your calmness, patience and willingness to methodically work your way through new situations will have a calming effect on kids. (Good leadership is basically about staying calm in stressful situations). Modelling also shows them how fears of new and unknown social situations, and even specific fears such as going to the dentist, can be handled positively.

It is worth noting that most kids grow out of their anxiety given attentive brave parenting. As a general parenting strategy it is recommended that you take a strength-based approach and focus on building children's strengths and assets to help them overcome fears. At the same

time, recognise that some children may need extra assistance from time to time as a result of their anxiety.

A second reminder that we have an extensive Parent Education Library in the front office. Feel free to drop in and borrow from the collection.

Tomorrow students in Year 5 & 6 will have a visit from the current QLD Bulls Cricketers Nathan Reardon and Mark Steketee and staff doing skill development. The tour to the North is sponsored by the Commonwealth Bank. After school, they will be running a skills clinic for interested students who may wish to play cricket this season in U/10 to U/16. The skills session will take place at the TAFE Oval at Innisfail State College near the cricket nets on Wednesday 19th August 4pm - 6pm.

Good luck to our students U/10 - U/12 competing this weekend at the Peninsula Athletics Championships in Cairns. Events will take place Sunday and Monday with over 1000 nominations and a large crowd expected. Our students will compete as part of the Innisfail Team.

#### CORRECT SCHOOL UNIFORM

Over the past few weeks we have had several students turn up to school with incorrect uniform. Please refer to our Uniform Guidelines if you are ever unsure of the correct uniform. Black only shoes are to be worn Monday to Thursday with sports shoes of any colour on Friday. If students are going to continually wear coloured shoes during Monday to Thursday they will receive consequences. School hats are not optional - students need their hat for lunch time play, P.E. and sport. Please ensure your child has their own hat for school each day. Clearly mark their name on the brim and tag. Thankyou for your co-operation with regard to shoes and hats.



Regards Li am



Thank you Fr Kerry...

Thank you for celebrating the Feast of the Assumption of Mary, the mother of Jesus, with students, staff and parents of Good Counsel Primary last Friday. May our participation in the Mass lead us into the holy mystery of God's love and kindness.

St Pius X...

Pope Pius the tenth encouraged people to participate actively in the liturgy and invited young children to holy communion—Eucharist. Let us pray that the liturgy will be the summit and source of Christian life.

Sacrament of First Eucharist...

Friday's Prayer Assembly organised by Mrs Rosemarie Pensini and Mr Adrian Conroy acknowledges the children preparing for the Sacrament of First Eucharist:

Brendan Zahmel, Matthew Schramm, Kaitlin Onaindia, Indy-Anna Nunan, Alexis Morales, Isabella Marmara, Logan Lizzio, Jessika Kenderick, Rylee Jones, Braeden Johnson, Bobby Johnson, Aidan Herbert, Jasmin Ham, Amy-Leigh Burke, Bianca Brant and Lily Nutting. Please join them at this special time.

2AL & 2WH Liturgy...

Thankyou parents and grandparents for joining us this morning and thankyou Father Kerry for leading the children's liturgy. Front page photo Liturgy theme - Family around the world, school and home.



*Yours in Catholic Education - Maria Caltabiano Mrs C.  
APRE—Assistant Principal Religious Education & Administration*

## 2015 Calendar...

### TERM 3

- Tue 18.08 Book Fair continues till Thursday
- Wed 19.08 Math Olympiad #4
- Fri 21.08 4PC Eucharist Prayer Assembly  
Interschool Sport Yr 3-6 Sports Shirt req.
- Sat 22.08 Vinnies Choir Mass 6:30pm
- Mon 24.08 4/5H Reconciliation 9:30am MoGC Church  
Book Week Library Sessions Preps &  
younger siblings 8:15am—Mrs Farina
- Tue 25.08 4PC Reconciliation 9:00am MoGC Church
- Wed 26.08 Book Character Dress Up Day
- Fri 28.08 Gold Coin Yellow/Orange Dress Day  
Daffodil Day Prayer Assembly 1G & 1S  
Fowler's Cup U12 Netball Cairns  
Interschool Sport Yr 3-6 Sports Shirt req.
- Sat 29.08 Sacrament of First Eucharist MoGC 6:30pm
- Sun 30.08 —Fri 4.09 Yr 6 Outback Camp
- Sun 30.08 Sacrament of First Eucharist MoGC 9:00am
- Wed 02.09 Prep Father's Night
- Fri 04.09 2AL Father's Day Prayer Assembly  
Cranky Bears Excursion Prep & Year 1  
Interschool Sport Yr 3-6 Sports Shirt req.
- Sun 06.09 Sacrament of First Eucharist St Rita's SJ
- Tue 08.09 3/4K Liturgy MoGC Church 10am.
- Wed 09.09 Math Olympiad #5
- Thu 10.09 Prep Fairy Tale Day
- Fri 11/09 2WH Prayer Assembly  
Interschool Sport Yr 3-6 Sports Shirt req.
- Tue 15.09 5GH Class Mass MoGC Church 9:30am  
P & F Meeting 7:30pm Theatrette
- Wed 16.09 Bike Safety Blue Area
- Fri 18.09 Jim Graham RL Cup  
Mary Mills Netball  
Term 3 ends



## SOCIAL EMOTIONAL LEARNING

### Term 3 Week 5 Recipients

#### *Program Achieve:*

6H	Joshua Rupp	<i>Confidence</i>
6B	Eddie Kuhn	<i>Persistence</i>
5GH	Kohen Briggs	<i>Confidence</i>
5GH	Pacey Jenkins	<i>Getting Along</i>
4/5H	Olivia Laksa	<i>All Keys</i>
4PC	Leah Peake	<i>Confidence</i>
4PC	Logan Lizzio	<i>Persistence</i>
3/4K	Bella Poljak	<i>Persistence</i>
3Y	Jhamahl Peterson	<i>Emotional Resilience</i>
3Y	Alicia Kuhn	<i>Organisation</i>
2WH	Tayah Fisher-Leach	<i>Persistence</i>
2WH	Sandor Zieger	<i>Organisation</i>
2WH	Tyson Crosley	<i>Emotional Resilience</i>
2AL	Wade Rhodes	<i>Getting Along</i>
2AL	Daisy Conroy	<i>Persistence</i>
2AL	Jake Tabone	<i>Persistence</i>
1S	Cameron Barnes	<i>Confidence</i>
1S	Grace Wone	<i>Confidence</i>
1G	Jase Braun	<i>Organisation</i>
1G	Meg Hurney	<i>Organisation</i>
1G	Ainsley Cavallaro	<i>Organisation</i>
PFD	Summer Masina	<i>Persistence</i>
PFD	Scarlett Tabone	<i>Persistence</i>
PFD	Dantae Atu	<i>Persistence</i>
PC	Seth Gullo	<i>Persistence</i>

#### Our Sympathies.....

To Jonah Sugars (Prep FD) and his family (Mrs Sugars teacher) on the passing of her Aunty, our thoughts and prayers are with you.



## 2015 Calendar... TERM 4

Mon	5 Oct	Labour Day
Tue	6 Oct - Fri 4 Dec	(9 weeks)
Tue	06.10	NAIDOC Celebrations Maggie Dent 7:30pm Theatrette
Mon	19.10	CTJ Day—PUPIL FREE DAY
Mon	26.10	Life Education Van at School
Wed	28.10	GCC Year 7 Orientation Day
Thu	29.10	Cyber Safety Sue McLean 7:30pm Theatrette
Tue	06.10	NAIDOC Celebrations Maggie Dent 7:30– 9:00pm Theatrette
Wed	11.11	Remembrance Day Ceremony Blue Area
Mon	30.11	Leadership Assembly 8:40am Blue Area
Thu	03.12	GCPS Christmas Concert
Fri	04.12	End of School Mass MoGC Church 9:00am\

Class	Wk 5 Colour Points
<b>Prep C</b>	Clancy
<b>Prep FD</b>	Marcellin
<b>1G</b>	Polding
<b>1S</b>	Polding
<b>2AL</b>	MacKillop
<b>2WH</b>	MacKillop
<b>3Y</b>	Clancy & Marcellin
<b>3/4K</b>	MacKillop
<b>4PC</b>	MacKillop
<b>4/5H</b>	MacKillop
<b>5GH</b>	MacKillop
<b>6B</b>	Polding & MacKillop
<b>6H</b>	MacKillop

#### Thought of the day.....

Be yourself  
No matter what  
other people think.  
God made you the  
way you are for a  
reason.  
Besides, an  
original is always  
worth more than a  
copy.

*Unknown*

tuckshop



LINDA IS LOOKING FOR HELPERS FROM  
9AM-11.00AM

PLEASE SIGN IN AT FRONT OFFICE

WED 12 AUG KELLY JONES  
FRI 14 AUG LIZ KIPPIN  
MON 17 AUG ..... HELP NEEDED  
If you can help out at any time even for an hour during

Regular times for sale of uniforms are  
MONDAY, WEDNESDAY and FRIDAY  
8.00-8.30am and  
11.00am - 12.30pm  
\$10 Interschool Sports Shirt now available

### School Banking Day Reminder



Don't forget that Wednesday 19 Aug is School Banking day and students should bring in their weekly deposit. Please take your Bank Book to Mrs Rhodes and Miss Braun the Banking co-ordinators who will be sitting in the breezeway from 8.00 - 8.30am.

JAMIE GOSLING FOOTBALL ACADEMY  
OPEN MORNING - SUN 30 AUG - 9AM - 11AM  
MEET THE COACHES, Q&A's ALL WELCOME  
GRADING DAY - SUN 13 SEP - 9AM - 2PM  
SQUADS, SESSIONS & KIT SIZING ALLOCATED FOR REGISTERED PLAYERS  
ACADEMY START DATE - MON 12 OCT  
ENROL NOW AT [WWW.JGFA.COM.AU](http://WWW.JGFA.COM.AU)  
VENUE: STRATFORD SOCCER CLUB PH: 0450 181626  
[INFO@JGFA.COM.AU](mailto:INFO@JGFA.COM.AU)



## DAFFODIL DAY YEAR 1 PRAYER ASSEMBLY



FRIDAY 28 AUG

Year 1G & 1S students invite staff and students of GCPS to wear orange and/or yellow sun safe shirts and donate a gold coin to this worthy cause.

**Year 3 - 6 remember sports clothes.**

## TERM FEES

Term 3 fees were issued last week. Please check your email for fee statements. Due date for fees 11 August.

**Those families remaining who still require a remission for 2015 must make an urgent appointment to see the Principal ASAP.**

A reminder that every family will receive a fee statement eg: direct debit, families on remissions etc to keep you informed of your current balance.

**For direct deposits please use your Reference No 973..... (ask at office or note on bottom of invoice) to ensure that monies are paid against correct family.**



PAYMENTS OVER THE INTERNET NEED TO ENSURE USE OF FAMILY CODE AND EMAIL/FAX CONFIRMATION OF PAYMENT TO OUR OFFICE ON 40612271.

## BOOK FAIR

Mon 17 - Thurs 20 August  
Times: 8.15am-8.30am,  
lunchtimes &  
3.00pm to 3.20pm  
Venue: Theatrette



All commission earned goes toward new books for our Library

## Dress as your Favourite Book Character - Parade

Wednesday 26<sup>th</sup> August



Small prizes for most creatively dressed

