



GOOD COUNSEL PRIMARY SCHOOL NEWSLETTER

14/02/2017
Term 1 Week 4



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OFFICE HOURS
8.00AM—3.20PM

POINTS OF INTEREST

Religious Life of the School
& School Photos—pp 2 & 3

DIARY DATES

TERM 1
MON 23RD JAN -
FRI 31ST MAR

WED 15 FEB

CHOIR
PRACTICE
8.40AM -9.20AM



SCHOOL
BANKING
8:00AM
IN THE
BREEZEWAY

THU 23 FEB

WHOLE SCHOOL
PHOTO DAY
SIBLING ORDER
ENVELOPES -
AVAILABLE FROM
THE SCHOOL
OFFICE

FRI 24 FEB

NRL GALA DAY

FRI 3 MAR

ARTS COUNCIL
"TOO COOL FOR
BULLIES"

P&F MEET & GREET
MORE INFO TO
FOLLOW

Principal's Column

Dear Parents,

It is not too often you meet a real gentleman who has a World Welterweight ranking of No2. Today, Jeff Horn, Brisbane School Teacher and Professional Boxing Champion, spoke with our senior students. Jeff represented Australia as an Amateur Boxer at the 2012 Summer Olympics placing 5th and since has had 11 professional fights for 10 wins and one draw. His next opponent is the 11 times World Champion Manny Pacquiao from the Philippines. To date this will be his biggest challenge, but as he told our students he is up for the challenge. Jeff's main message to the students was "If you're nervous and unsure about something, keep persevering, don't give up".

He found talking to groups of students very hard and with practice, he loves to meet groups of fans. Jeff shared his story and then fielded excellent questions from our students before signing some memorabilia for the school. A great experience meeting the "Hornet".



Today is Valentine's Day - Feb 14. The Feast Day originated honouring one of the early saints - Valentinus and is recognised as a significant cultural and commercial celebration around the world. It has evolved into an occasion where cards, flowers and chocolates are exchanged to show love for

another - Happy Valentine's Day.

PARENTING TIP - Why Effective Learning Starts with a Good Night's Sleep - Michael Grose

Sleep is an active phase of the learning process, which is why as parents the single most important thing we can do to help our kids be more effective learners is to ensure they get enough sleep.

During sleep the brain is very busy replaying the day's activities extremely fast, picking out the key items it believes are most relevant for long-term storage in our memory banks, and tossing out the rest.

The amount of sleep children require varies with age and they require more sleep than adults. In primary school the recommendation is between 10 and 11 hours per night. The challenge is how to fit everything into the school day along with homework and extra curricular studies such as sport, music and drama, have enough down time to chill and relax, and get enough sleep.

Our children spend many hours engaged with technology to help them study and for social connection. All these gadgets emit a blue light that fools the brain into thinking it is still daytime. Because the brain needs 2-3 hours to wind down and prepare for sleep, switching off the laptop or tablet late at night and then hopping into bed means it will be much harder for your child to then fall asleep.

Getting sufficient sleep ensures the brain is fully rested and refreshed to study more effectively. A tired brain finds it harder to concentrate, focus, remember or learn. Feeling grumpy or irritable doesn't help either!

Sleep is essential to better brain health and performance, which is why getting enough sleep is never negotiable. For helpful tips to assist your young person to get enough sleep, go to parentingideas.com.au.

Last Friday we welcomed back Mark Thao to Year 5T. Mark survived a near drowning at the Cairns Esplanade two years ago. He has made great progress with his recovery and attends the Innisfail Diverse Learning Centre 3 days a week and will visit GCPS each Friday morning. See picture on page 3.

Regards
Liam



Welcome to Week 4...

Congratulations to the Year 6 students as they pledged their membership of the GCPS Mini Vinnies and commenced their journey for 2017 at Friday's Prayer Assembly. Thank you Mrs Davina Dansie, the Cairns SVDP Mini Vinnies Youth Officer for presenting the badges with Mr Liam Kenny.

The hand of Christ
blesses the cup



The hand of love
offers the cup



The hand of suffering
receives the cup



GCPS Mini Vinnies Executive...

President: Bianca Brant
Vice President: Maddison Swain
Secretary: Broghan Fisher-Leach
Treasurer: Amandeep Singh

6B Mini Vinnies Office Bearers...

President: Olivia Laksa
Vice President: Riley Swanson
Secretary: Billie Luce
Treasurer: Marcus Cini

6H Mini Vinnies Office Bearers...

President: Kaitlin Onaindia
Vice President: Blake Swanson
Secretary: Leah Peake



Treasurer: Shyron Anthony

A Reading from the Letter of Paul to the Ephesians...

Jesus said to his disciples: "If you love only those people who love you, will God reward you for that?" Even tax collectors love their friends. If you greet only your friends, what's so great about that? Don't unbelievers do that? But you must always act like your Father in heaven." The Gospel of the Lord.

Who Am I? Week 3 Winners...

Cane was the correct answer—congratulations to:
Oliver Zadelj 1S, Xavier Zadelj 2AL

Where is it? Competition Week 4...

Answer the question correctly, add your name and class. Drop off to Mrs C's Office before Friday 3pm to be in the Draw for a frozie:
Jesus wept as he saw this city. This city was called the "City of Judah". Palm Sunday celebrates Jesus' entry into this city.

U is for Understanding: ...Are you understanding?
Try to be understanding of others. You will be surprised how good it makes you feel.

*Yours in Catholic Education—Maria Caltabiano—Mrs C.
Assistant Principal Religious Education, Administration, SEL.*

TERM 1 DATES 2017

- Fri 17.02 5T Good Samaritan Charism
- Fri 24.02 4PD Project Compassion
- Sat 25.02 Mini Vinnies at Mass 6:30pm
- Wed 01.03 Ash Wednesday Liturgies
9:00am Prep—2
10:00am Yr 3—6
- Fri 03.03 3WH Prayer Assembly
Arts Council—Too Cool for Bullies
- Tue 07.03 Caritas Just Leadership Day
- Fri 10.03 Colour Captains Prayer Assembly
- Fri 17.03 6H St Patrick's Prayer Assembly
- Sun & Mon 29/20.03 RL Peninsula Trials
- Fri 24.03 3Y Palm Sunday Assembly
Netball Peninsula Trials
- Tue 28.03 6B Last Supper Assembly
- Wed 29.03 CROSS COUNTRY
- Thu 30.03 5GS Stations of the Cross
- Fri 31.03 Brief Friday Assembly
- Fri 31.03 Term 1 ends

SCHOOL HOLIDAYS Easter Mon 17.04

TERM TWO

- Tue 18 April - Fri 30 June (10 weeks)
- Tue 25 April ANZAC Day
- Mon 01 May Qld Labour Day Holiday

TERM THREE

- Mon 10 July - Fri 15 Sept

TERM FOUR

- Mon 2 Oct Queen's Birthday
- Tue 3 Oct - Fri 1 Dec
- St Valentine ...

In 1969, the Roman Catholic Church removed St Valentine from the General Roman Calendar, because so little is known about him. However, the church still recognizes him as a saint, listing him in the February 14 spot of Roman Martyrology.



SEL CERTIFICATE RECIPIENTS WEEK 3

CONFIDENCE
 Amie Blanckensee
 Scarlett Tabone
 Jack Rosewarne
 Ghaeddia Rihari
 Mia McLeish
 ALL KEYS
 Ryan Millard
 Cody Baldwin
 PERSISTENCE
 Alex Pensini
 Tyson Catelan
 Thurston Zadelj
 Callista Masina
 Juliet Santitto
 Leo Kenderick

ORGANISATION
 Tristan Johnson
 Natasha Lee Bow
 Ashton Clarke
 Jessika Kenderick
 Lachlan Philpot
 EMOTIONAL RESILIENCE
 Emma Ozzi
 Ethan Richter
 Clair McBride
 Mateo Budd
 Sandor Zieger
 Tatyana Richter
 Jordan Ozzi
 Sandy Jenkyns
 Brendan Verri



GOOD COUNSEL PRIMARY 2017 MINI VINNIES



tUckshop



LINDA IS LOOKING FOR HELPERS FROM
9AM—11.00AM

PLEASE SIGN IN AT FRONT OFFICE

WED 15 FEBKELLY JONES
FRI 17 FEBTAMARA JIA
MON 20 FEBCHRISTINE NUGENT

If you can help out at any time even for an hour during the busy time please let the tuckshop know.

Regular times for sale of uniforms are
MONDAY, WEDNESDAY and FRIDAY
8.00—8.30am and
11.00am—12.30pm

TERM FEES

Please note that the cut-off for both HCC and Special Concessions for Term 1 has now closed. Any new concessions will not be applied until Term 2 with the relevant completed paperwork.

CASSOWARY COAST ATHLETICS

Will be holding their sign on day at Castor Park, Mourilyan on Friday 17th February starting at 5.30pm and ending around 6.30pm.

Ages are for children between 5 to 17.
Birth Certificate is required.
For more information please call
Tod Bathe on 0467 641 898



CASUAL POSITIONS AVAILABLE SCHOOL CROSSING SUPERVISOR

We are seeking interested persons for a casual position, approximately 1.15 hours per day, on a rotating roster, school days only. Positions available throughout the Innisfail area.

Approved applicants will be required to undergo a medical assessment and pass a blue card application.

Pay rate starts at \$28.18 per hour.
Please call 07 4045 8515 for an application package.

SCHOOL BANKING



Interested in joining up with school banking, attached is a pamphlet with details. For more information see the Banking Co-Ordinators at school in the breezeway on a Wednesday morning.

TERM FEES

Term 1 fees will be issued this week via your email on file. Please check your emails for fee statements.

Should you not receive your Invoice please advise the office immediately.

A reminder that every family will receive a fee statement eg: direct debit, families on remissions etc to keep you informed of your current balance.

A reminder for direct deposits please use your Reference No 973..... (ask at office or note on bottom of invoice) to ensure that monies are paid against correct family.



PAYMENTS OVER THE INTERNET
NEED TO ENSURE USE OF FAMILY
CODE AND EMAIL/FAX
CONFIRMATION OF PAYMENT TO
OUR OFFICE ON 40612271.

SCHOOL PHOTO DAY

THUR 23 FEB 2017

School Photography day is coming up very soon. Group and portrait photographs can be purchased by following the link or by using the envelope. <http://www.advancedimage.com.au/keycode/keycodefinder.aspx?keycode=TGB9TD7P1>

IMPORTANT INFORMATION:

- School photos purchased online DO NOT require envelopes returned to school
- **Don't forget to order your sibling photos now**
- **Late fees/additional charges will be applied for purchases after photo day**
- Photos will be returned to school for distribution six weeks after photos are taken
- **Past years' photographs including sports, co-curricular and representative groups available at school's *advancedlife* & your *advancedyou* photo sites (follow the link above)**

Sibling photographs must be ordered either online or by order envelope available from the school Office prior to the day of photography. A photograph will not be taken without an order. Sibling photographs only apply to children enrolled at the school. We offer a 100% money back guarantee on our products to ensure peace of mind. If you have any questions, comments or feedback relating to your *advancedlife* experience please contact us at:-

enquiries@advancedlife.com.au

ONLINE ORDER CODE: TGB 9TD 7P1